



## Fat City

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By Karen Hitchcock

Black Inc., Australia, 2015. Paperback. Book Condition: New. 181 x 115 mm. Language: N/A. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. I ask a young 200-kilo patient what he snacks on. Nothing, he says. I look him in the eye. Nothing? He nods. I ask him about his chronic skin infections, his diabetes. He tears up: I eat hot chips and fried dim sims and drink three bottles of Coke every afternoon. The truth is I m addicted to eating. I m addicted. He punches his thigh. In Fat City, Karen Hitchcock unpicks the idea of obesity as a disease. In a riveting blend of story and analysis, she explores chemistry, psychology and the impulse to excess to explain the West s growing obesity epidemic.

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