



## When Somethings Wrong: How to Navigate the World of Health Care

By Christina Caskey

Dog Ear Publishing. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions: 11.0in. x 8.3in. x 0.3in. When Christina Caskey's health took a dramatic and sudden turn for the worse in 2003, she found herself in a medical nightmare: afflicted with a debilitating illness that no nearby doctor could diagnose. Refusing to give up, she sought help online and from doctors across the country. This book is a result of her struggles and contains what she has learned while trying to get the medical care she needs. Christina has written this book to help you: Get the most out of your doctors visits Manage your medications Organize your medical records and insurance papers Correspond with your insurance company or companies in the event of a problem or denial Find useful health information online for either a known or unknown diagnosis Learn travel tips for out-of-town doctor visits Make the best of your hospital stays Be proactive about your medical care The book provides tables and forms to help you summarize your health problems; develop questions for effective doctors appointments; keep track of your symptoms, labs, and medications; and record your medical provider and insurance companies contact information. If you see a doctor...



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