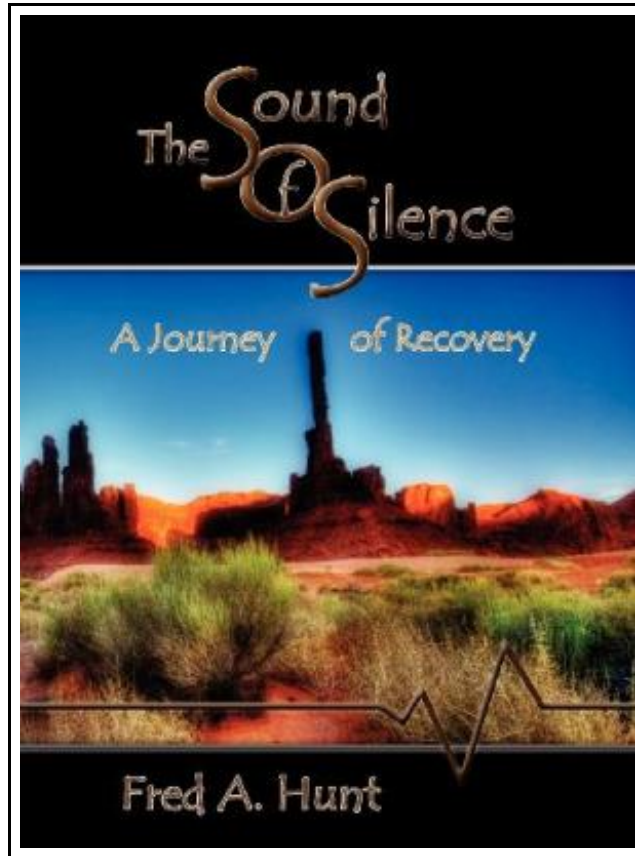


## The Sound of Silence: A Journey of Recovery (Hardback)



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*(Mitchell Kuhn III)*

## THE SOUND OF SILENCE: A JOURNEY OF RECOVERY (HARDBACK)



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Another24.Org, United States, 2012. Hardback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Combining poetic prose and breathtaking photography, Fred Hunt takes the reader on an inspiring journey through the beautiful American Southwest. Sharing his thoughts and unique photographic vision as he comes to terms with alcoholism, recovery, and the early demise of close friends from the disease of alcoholism. In 2010, Fred Hunt had given up being a photographer. Writing and creating art were painful memories, belonging to someone he thought he d lost forever. On October 31, 2010, Hunt sought help at Valley Hope Treatment Center, and it saved his life. In the seven months that followed, he took the journey covered in this book, and lost two close friends to the disease of alcoholism. It is a journey of experience, strength and hope. I went from nearly dying, to seeing the world in bright colors. I still wonder why I am alive and my friends are not. I can only guess I simply got help in time. I hope this book can inspire someone to do the same. Fred Hunt The Sound of Silence: A Journey of Recovery contains 67 pages of the author s trip through the Four Corners area including Southeastern Colorado, Northern New Mexico, Northern Arizona and South Central Utah. There are 25 original images of the Southwest seen through Hunt s colorful vision side-by-side with 25 pieces of his own prose. The story of Fred Hunt s journey of recovery and loss is told near the end, and is followed by an emotional message to his Mother and all mothers. This book will truly touch your heart and soul. If you or someone you know is suffering from alcoholism, please get help before it...



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