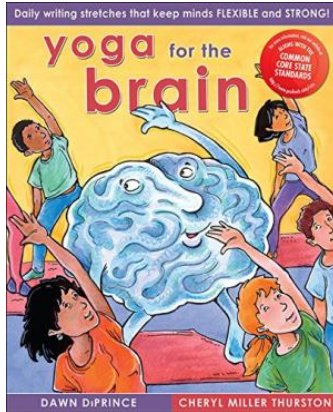


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## YOGA FOR THE BRAIN: DAILY WRITING STRETCHES THAT KEEP MINDS FLEXIBLE AND STRONG



Cottonwood Press Inc. Paperback. Book Condition: new. BRAND NEW, Yoga for the Brain: Daily Writing Stretches That Keep Minds Flexible and Strong, Dawn DiPrince, Cheryl Miller Thurston, This title is intended for ages 12 and upwards. More than 365 topics are included in these daily exercises that encourage writers to play with language and 'stretch' their writing style. Dispelling the fear of bad grades or criticism, these activities encourage writers to have fun, take risks, and write in new and...

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